

GLOBAL
WELLNESS
DAY

YES!



KERSTIN
FLORIAN

INTEGRATED WELLNESS

Global Wellness Day is an international day that is celebrated on the second Saturday of June every year as a public event which turns everyone's shared dream of 'living well' into reality.

GWD has no relation to **ANY** institution or **ANY** organization and it is without **ANY** commercial purpose.



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MOTTO

The strong call of Global Wellness Day has soon **crossed the borders** and gave the project **a universal identity**:

“One day can change your whole life!”

7 STEP MANIFESTO

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Save
The Date
June 11th 2016

- **Walk** for an hour
- Drink more **water**
- **Don't use plastic** bottles
- Eat **organic foods**
- Do a **good deed**
- Have a **family** dinner
- Sleep at **10:00 PM**

"One day, can change your whole life."



WALK FOR 1 HOUR

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DRINK MORE WATER

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NOT USE PLASTIC BOTTLES

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EAT ORGANIC FOODS

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DO A GOOD DEED

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HAVE A FAMILY DINNER

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SLEEP AT 10PM

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FLORIAN



“Throughout her life, Charlene has always been an Ambassador of Wellness who left her footprints on the Wellness world and will never be forgotten.

To honor and commemorate her memory,
we have dedicated Global Wellness Day 2016 to Charlene’s legacy.”

Belgin Aksoy

Founder, Global Wellness Day

K E R S T I N
F L O R I A N



I N L O V I N G M E M O R Y

Charlene Florian

Her light & legacy live on through her family and the beautiful products she created with love.

She will be forever missed.

K E R S T I N
F L O R I A N

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"One day,
*can change
your whole life."*